circle of care — It's good to be home

Baycrest — Enriching Care, Enhancing Knowledge, Enlightening Minds

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	01 **CLOSED FOR CANADA DAY**	02 **A:** Russian Club; Gentle Yoga with Terri **B:** Armchair Travel; Knitting; Cards with Ed **C:** Karaoke	03 **A:** Active Games; Classical Music **B:** Manicures; Program with Rabbi Marshall **C:** Sing Along	04 **A:** Russian Club; Active Games; Men's Group **B:** Shabbat Program
07 **A:** Russian Club; Table Games; Inspirational Stories **B:** Active Games **C:** Sing Along	08 **A:** Russian Club; Bingo **B:** Brain Gym; Manicures **C:** Music Bingo	09 **A:** Crossword Fun; Russian Club **B:** Flower Gardening; Cards with Ed **C:** Jewish Music	10 **A:** Russian Club; Active Games; Classical Music **B:** Manicures; Super Quiz **C:** Karaoke; Dominoes	11 **A:** Russian Club; Active Games; Men's Group **B:** Shabbat Program
14 **A:** Table Games; Russian Club; Inspirational Stories **B:** Active Games; Knitting **C:** Karaoke	15 **A:** Russian Club; Bingo **B:** Gentle Stretches; Manicures **C:** Sing Along	16 **A:** Crossword Fun; Russian Club **B:** Brain Gym; Cards with Ed **C:** Name That Tune	17 **A:** Russian Club; Active Games; Classical Music **B:** Volunteer Appreciation with Deborah Maes Entertainment	18 **A:** Russian Club; Active Games; Men's Group **B:** Shabbat Program
21 **A:** Russian Club; Table Games; Inspirational Stories **B:** Hollywood Biographies **C:** Jewish Music	22 **A:** Russian Club; Bingo **B:** Armchair Travel; Manicures **C:** Karaoke	23 **A:** Crossword Fun; Russian Club **B:** July Birthday Celebration with Magic Show Entertainment	24 **A:** Russian Club; Active Games; Classical Music **B:** Manicures; Crossword Fun **C:** Music Bingo	25 **A:** Russian Club; Active Games; Small Group Relaxation Program **B:** Shabbat Program
28 **A:** Table Games; Russian Club; Inspirational Stories **B:** Music Appreciation **C:** Music Bingo	29 **A:** Russian Club; Bingo **B:** Super Quiz; Manicures **C:** Jewish Music	30 **A:** Russian Club; Crossword Fun **B:** Armchair Travel; Knitting; Cards with Ed **C:** Karaoke	31 **A:** Active Games; Classical Music **B:** Manicures; Program with Rabbi Marshall; Brain Gym **C:** Sing Along	

DAY CENTRE FOR SENIORS

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July 2014

Please see the following special programs in July:

July 2014

Welcome to July everyone! I am happy to announce that July is the official ice cream month. It's important to remember that age does not diminish the extreme disappointment of having a scoop of ice cream fall from the cone. So find a shady spot and enjoy two scoops of this delicious cold treat. We say Happy Birthday to Canada on July 1st. This day marks the anniversary of the Canadian confederation. Happy 147th Birthday Canada! What a great, beautiful country this is to live in!

The Day Centre staff would also like to take some time to say Happy Birthday to those members who are celebrating their birthdays this month — HAPPY BIRTHDAY. Birthdays are like a work of art, make this year your masterpiece.

Special Dates to Remember:

Wednesday, July 2nd
Gentle Yoga with Terri

Thursday, July 3rd
Program with Rabbi Marshall

Wednesday July 9th
Flower Gardening

Thursday, July 17th
Volunteer Appreciation with Deborah Maes

Wednesday, July 23rd
Birthday Celebration with Magic Show Entertainment

Day Centre Closed:

Tuesday, July 1st
Day Centre CLOSED for Canada Day

Day Centre For Seniors

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STANDARD DAILY SCHEDULE

9:30..... Early Morning Program
10:00..... Morning Snack
10:15..... Coffee Schmooze
10:45..... Program A*
11:30..... Seated Fun and Fit Exercise *or* Small Group Recreation Therapy Program
12:00..... Lunch
1:15..... Program B*
1:50..... Program C*
2:30..... Afternoon Snack
2:40..... Late Afternoon Program

**See the calendar for specific programs offered during these timeslots. When there are two or more activities offered at 10:45, 1:15, and 1:50, the members will choose the activity he or she wishes to participate in.*

Birthdays are celebrated on a monthly basis.

Outing participants will be selected in advance by staff based on the member's abilities and interests. We will inform the families directly of members being considered for upcoming outings.